The following Agenda for the meeting had been notified by Shri G K Arora, the Secretary of the Forum vide his letter dated 30th September, 2013. The notice for the meeting had been sent by e-mail to those members who could be so contacted, and by ordinary post to 97 members and by courier to 43 members. Those of the members who had been sent the notice by post/courier who also had e-mail IDs, were also sent the notice by e-mail. E-mail reminders were also sent before the meeting to those members who had not responded to the notice for the meeting. A few members were also reminded through phone calls by the Secretary.

**AGENDA**

1. Welcome by the President and Introductory Remarks.
2. Paying homage to the Memory of Dr. P L Malhotra, Dr. Chhotey Lal and Shri K K Dutta.
3. Confirmation of the Minutes of the Tenth Annual General Body Meeting (31st Meeting of the Forum) held on 9th July 2013.
4. Follow-up Action on the decisions taken at the above meeting.
5. Status Report by the Secretary.
6. Invited Talk on Organ Donation by Mr. Mukesh Kumar, Medical Social Service Officer and Transplant Coordinator, Organ Retrieval Banking Organisation (ORBO), AIIMS, New Delhi.
7. Address by Shri V N Bindal
8. Presentation of Forum’s Memento to Shri Mukesh Kumar by Shri S C Garg, President of the Forum.
9. Any other Item with the permission of the Chair.
10. Socializing over a cup of tea, and refreshments.
11. Socializing over a cup of tea, and refreshments.

**MINUTES**

**Attendance:** The following members had attended the meeting:

(Names arranged alphabetically by the Surname)

| 1. Aggarwal, Rajendra Kumar (Dr.) | 26. Garg, Rakesh Kumar (Dr.) | 51. Pradhan, Man Mohan (Dr.) |
| 2. Aggarwal, Santosh (Mrs.) | 27. Garg, Satish Chand | 52. Ram Swarup (Dr.) |
| 3. Agnihotry, Suhasini (Dr. Mrs.) | 28. Goel, Ramesh Chandra | 53. Sakseen, Rakesh Chandra (Dr.) |
| 5. Alam, Mohammed Izhah | 30. Gupta, Davinder (Dr.) | 55. Sharma, Jagdish Prasad |
| 6. Amarnjit Singh | 31. Gupta, Jitendra Kumar (Dr.) | 56. Sharma, Shashikumar |
| 7. Arora, Gyanendra Kumar | 32. Hans, Gokul Singh | 57. Sharma, Sushil Kumar |
| 8. Bahuguna, Devendra Prasad | 33. Hari Kishan (Dr.) | 58. Shastri, Shashikala (Mrs.) ** ** |
| 9. Balchandani, Mulchand Kewalram | 34. Harish Chander (Dr.) | 59. Singh, Ved Ram (Dr.) |
| 10. Basu, Anmitabha (Dr.) | 35. Jain, Atma Ram (Dr.) | 60. Singhal, Subodh Kumar |
| 11. Batra, Jai Dev | 36. Kakkar, Om Prakash | 61. Singhal, Sunil Kumar (Dr.) |
| 12. Bhasin, Raimder Kumar | 37. Khattar, Dharam Chand ** ** | 62. Som, Jnanendrapriya Nath (Dr.) |
| 15. Bhatnagar, Shashi Lekha (Mrs.) | 40. Lakha Singh (Dr.) ** ** | 65. Subrahmanyam, Pattamma |
| 16. Bhow, Om Parkash | 41. Luthra, Ram Krishan | 66. Tagra, Om Parkash |
| 17. Bindal, Vishwa Nath (Dr.) | 42. Mahajan, Kushal Kumar (Dr.) | 67. Tanwar, Rndhur Singh |
| 18. Chakravarty, Tushar Kanti | 43. Maini, Harish Chander | 68. Tripurari Lal |
| 19. Chattar Singh (Bharti) | 44. Malhotra, Bansi Dhar (Dr.) | 69. Varma, Ved Prakash |
| 20. Chitnis, Vijay Triubak (Dr.) | 45. Manrai, Santosh (Mrs.) | 70. Ved Singh (Dr.) |
| 21. Chopra, Parvati (Mrs.) | 46. Mittal, Pramod Kumar | 71. Verma, Tribhawon |
| 22. Dhawan, Ramesh Chandra | 47. Naib Singh | 72. Virdy, Parvinder Pal Singh |
| 23. Dhawan, Umri (Mrs.) | 48. Ojha, Vijay Kumar | 73. Wasan, Ved Parkash |
| 24. Dixit, Ganga Prasad | 49. Panwar, Vinay Singh (Dr.) | 74. Zalpuri, Kunwar Susheel (Dr.) |
| 25. Dixit, Prakash Naram (Dr.) | 50. Pardeep Mohan (Dr.) | 75. |

* * * NOTE: Shri Dharam Chand Khattar (Sr. No.37), Dr. Lakha Singh (Sr. No. 37) and Mrs. Shashikala Shastri (Sr. No. 58) were also present at the meeting but did not sign the Attendance Record. There might have been some more members whose names are not listed above.

The following Members had either expressed their inability to attend the meeting or else were abroad

(Names arranged alphabetically by the Surname)

| 1. Anandani, Ramesh Chandra | 2. Ashok Kumar (Dr.) | Abroad |
| 3. Bahl, Madhu (Mrs.) | 4. Bah, Om Parkash (Dr.) | |
| 5. Balakrishnan, K. Saraswathi (Dr. Mrs.) | 6. Batra, Virendra Kumar (Dr.) | Abroad |
| 7. Bhattacharyya, Ragunath (Dr.) | 8. Chakraborty, Bibhasan Ranjan (Dr.) | |
| 9. Chandra, Kaalash (Dr.) | 10. Chandhuri, Mitra Kumar | |
| 11. Chabra, Kaalash Chander | 12. Dahas, Raj Singh (Dr.) | |
| 15. Gera, Bhum Sain (Dr.) | 16. Ghosh, Anand Krishna | |
| 17. Ghosh, Pradip Kumar (Dr.) | 18. Govil, Anil Kumar | |
| 19. Goivindaswamy, G. | 20. Gupta, Anil Kumar (Dr.) | |
| 21. Gupta, Ashok Kumar (Dr.) | 22. Gupta, Satya Vin (Dr.) | |
| 23. Gupta, Sita Ram (Dr.) | 24. Gupta, Sohan Lal | |
| 25. Halder, Sujit Kumar (Dr.) | 26. Jain, Prakash Chandra (Dr.) | Abroad |
| 27. Jain, Sohan Lal (Dr.) | 28. Jain, Sukhimal Chand (Dr.) | Abroad |
| 29. Joshi, Shri Krishna (Prof.) | 30. Kapahi, Shashi Bhushan | Abroad |
| 31. Karfa, Mrityunjay | 32. Khandekar, Ramakrishna Sitaram | |
| 33. Kishan Lal | 34. Kishore, Ram (Dr.) | |
| 35. Kothari, Pratul Chandra (Dr.) | 36. Lal, Krishan (Dr.) | Abroad |
1. Welcome by the President and Introductory Remarks: Shri S C Garg, welcomed the members to the meeting. He informed the members about the demise of Mrs. Sunanda Mitra W/o (Late) Dr. A P Mitra on 5th October 2013, for whom a Prayer Meeting had been fixed for 16th October 2013, at Durga Bari, G K – I, New Delhi which had also been notified by the Secretary to the members of the Forum who could be contacted by him by e-mail. The meeting will be starting with passing of a Condolence Resolution on her demise and observing two minutes silence also for paying homage to the memory of Dr. P L Malhotra, Dr. Chhotey Lal and Shri K K Datta.

As for the items on the Agenda, he made special mention of the Contributory Dewali Family Get-together which had been notified along with the Agenda for the meeting and about the invited talk from Shri Mukesh Kumar on Organ Donation. He was sorry to inform the members that on account of fever, Dr. J K N Sharma who was to be inducted as a new member of the Forum, had regretted his inability to be present at the meeting. He wished him fast recovery.

2. Condolence Resolution on the Demise of Mrs. Sunanda Mitra and paying homage to the Memory of Dr. P L Malhotra, Dr. Chhotey Lal and Shri K K Datta: The Secretary read out the Condolence Resolution on the demise of Mrs. Sunanda Mitra and informed the Members about the Condolence Resolutions that had been passed in regard to the demise of Dr. P L Malhotra, Dr. Chhotey Lal and Shri K K Datta at the last MC Meeting held on 10th September 2013. The members observed two-minute silence to pay their homage to their memory. The Secretary was advised to send a copy of the Condolence Resolution passed in respect of Mrs. Sunanda Mitra to her two daughters – Anusuya and Patralekha.

3. Confirmation of the Minutes of the Annual General Body Meeting of the Forum held on 9th July 2013: Copies of the Minutes of the meeting had been circulated by the Secretary at the time of the meeting. As there were no comments thereon they were confirmed.

4. Follow-up Action on the Decisions taken at the above meeting: The Secretary briefly presented the follow-up action that had been taken as presented in his Status Report (Annexure ‘A’). In particular the following were the highlights:

4.1 First Meeting of the Re-constituted Management Committee held on 10th September 2013: It was a joint meeting with the members of the out-going Management Committee at which the charge of the Forum was taken over by the New management Committee. Shri P K Mittal, Dr. A P Jain and Shri A C Gupta had also been nominated as Members of the Management Committee by the President to fill the three vacant positions and had been invited to participate in it.

4.2 New Membership List: It was decided to have the new membership list re-cast on which action had already been initiated for up-dating the information.

4.3 Area Committees: These had been recast as presented by the secretary in his Status Report.

4.4 Medical Issues: Status of the action in regard to Cashless Facility for Medical Treatment and Guidelines for treatment under medical Emergency, in particular was noted, and Dr Hari Kishan, Convener of the Welfare Committee had been requested to follow-up with Shri V K Kaushik to get the matter expedited.

5. Status Report by the Secretary: Shri G K Arora briefly presented the highlights of the Status Report. The following observations/suggestions were made:

5.1 New Members of the Forum: The New Members who had joined after the last meeting held on 9th July 2013 were introduced.

5.2 Paying Homage to Member who expires: Shri S K Sharma suggested that in future when any such item is on the Agenda, photograph of the Member who has expired may also be projected on the screen.

5.3: Forum’s Website: Dr. V N Bindal felt that the expenditure that may be involved in opening and the running expenses that may subsequently be involved, may not justify having a Website of the Forum. This issue may specifically be examined by the Publications Committee. It was decided that the possibility of getting a slot on NPL Website may be explored once again, instead of a link on that Website which had been offered.

6. Felicitating Shri V P Wasan and Dr. J K N Sharma as New Members of the 80-Plus Fraternity of the Forum: Dr. V N Bindal felicitated V P Wasan as a New Member of the 80-Plus Fraternity of the Forum by presenting to him a Citation, a 80-Plus Certificate and the Forum’s Memento. Since Dr. J K N Sharma could not be present, Dr. V S Panwar was requested to present them to him personally.

Citations which had been presented to them were projected on the screen and significant portions of them were also highlighted by Shri G K Arora, at the time of their presentation.
7. Address by Dr. V N Bindal: Dr. Bindal said that he had, at an earlier meeting similar occasion, talked about the significance of the age of 80 years in one’s life. Around this age a person has the distinction of seeing 1000 full moons and also gets the opportunity of completing 80 Parikarmas around the sun.

He specifically mentioned that Shri V P Wasan who is a Founder Member of the Forum had played a very active role as the Treasurer of the Forum and also, in particular, in regard to the activities of the Scholarships Committee right from the beginning.

In respect of Dr. J K N Sharma he said that he also is a Founder Member of the Forum and had been taking very active part, in its activities of the Forum. He had also been the Chairman of the Welfare Committee when it was first constituted.

Dr. Bindal was very happy that a talk by Shri Mukesh Kumar from Organ Retrieval Banking Organization, AIIMS, on ‘Organ Donation’ had been fixed for this meeting. He cited a case where, long back, the son of the deceased was so much attached to him that he became a hurdle in the performance of the cremation rituals. He said that while the human body is sacred, one needs to overcome such type of sentimental attachment to the dead body, whose organs can now be transplanted to improve the life of others who are still alive.

8. Invited Talk by Shri Mukesh Kumar: Copies of a pamphlet ‘All you need to know about organ donation’ which had been provided by him had been distributed among the participants before the presentation of his talk. This pamphlet gave pointed information on the following which were highlighted by him in his power-point presentation of his talk:

* Organ donation means gifting someone a life.
* There are two ways you can donate organs – Living related donors & Cadaver organ donors.
* Eyes are not the only organs that you can donate.
* When exactly you can donate your organs?
* How can one establish brain death?
* Transplantation should be done as soon as possible.
* Any one can be a donor.
* Who can give consent for organ donation after brain death?
* Terminal diseases that can be cured by transplantation:
  - Heart Heart Failure
  - Lungs Terminal Lung illnesses
  - Kidneys Kidney Failure
  - Liver Liver coma and Failure
  - Pancreas Diabetes
  - Eyes Blindness
  - Heart valve Valvular Disease
  - Skin Burns
* There are many out there waiting for a gift of life.
* Gifts are always free.
* Human body is sacred. Transplantation will not temper it.
* Will the donor ask the permission of donation from the family, once the signed donor card is found.
* What does the law say about organ donation?
* Selling or buying human organs is a criminal offence
* Can organs be removed after death at home?
* Role of Organ Retrieval Banking Organisation (ORBO)

He specifically highlighting the role that ORBO had been playing increasingly ever since its foundation in 2003. He made an appeal to the participants to pledge their organs for donation for which Organ Donor Forms were also made available at the time of the meeting.

He requested that the filled up Organ Donor Forms could either be sent to ORBO directly, or else collected by the Forum from the members who may offer to pledge them and sent to him.

9. Presentation of Forum’s Memento to Shri Mukesh Kumar: Shri S C Garg expressed his thanks to Shri Mukesh Kumar for his presentation and presented to him Forum’s Memento on behalf of the Forum.

10. Socializing over a Cup of Tea: Shri V P Wasan who contributed Rs. 3,475/-, Dr. B S Gera who contributed Rs. 5,000/-, Mrs. Shashi Lekha Bhatnagar who contributed Rs. 1,100/-, Dr. Amitabha Basu who contributed Rs. 300/- and Shri Tripurari Lal who contributed Rs. 375/- - were the joint hosts for this meeting.
The thirty first Forum meeting, which was also the 10th Annual General Body Meeting, was held on 9th July 2013 at which the Management Committee was reconstituted as under:

**Members**

1. Shri Omkar Sharma
2. Dr. Ramji Rai
3. Mrs. Abha Bhatnagar
4. Shri Subodh Kumar Singhal
5. Dr. R K Garg
6. Shri V P Wasan
7. Shri R B Saxena
8. Mrs. Santosh Manrai
9. Dr. P C Jain
10. Mrs. Urmil Dhawan
11. Dr. Ashok Kumar
12. Dr. Hari Kishan

The three vacant positions on the Management Committee were subsequently filled by Shri P K Mittal, Dr. A P Jain and Shri A C Gupta through nomination by the President.

A resolution for increasing the membership fee of the Forum to Rs. 1,000/- was passed and the Audited Report of the Forum for the year ending 31. 03. 2013 was also passed. This Audited Report will be published in the next issue of the Forum’s Newsletter.

This status report presents briefly the action on the decisions taken at that meeting and the other developments that have taken place.

1. **First Meeting of the re-constituted Management Committee:** The first meeting of the above re-constituted Management Committee was held on 10th September 2013 jointly with the members and invitees of the out-going committee for taking over the charge. At that meeting it was decided that Shri R C Dhawan may also be invited for all the future meetings of the Management Committee.

2. **Membership:** The Membership Form of the Forum has been revised, reflecting the increased membership Fee to Rs. 1,000/-. The following new additions to the Membership List were approved at the above mentioned meeting of the Management Committee:

(1) Shri Omkar Sharma; (2) Dr. Ramji Rai; (3) Mrs. Asha Bhatnagar; (4) Shri Subodh Kumar Singhal; (5) Shri Subhash Chander; (6) Dr. Sunil Kumar Singhal; and (7) Shri P Subrahmanym. Of these, the last five members listed at (3) to (7) had paid the enhanced membership fee of Rs. 1,000/-.

While the Membership Strength of the Forum has been gradually increasing, the increase in the effective strength was only marginal on account of the demise of Shri S M Khullar (in respect of whom the Condolence Resolution had been passed at the last meeting held on 10. 09. 2013), and on account of demise of Shri P L Malhotra, Dr. Chhotey Lal and Shri K K Datta, (in respect of whom the Condolence Resolutions were passed at the Management Committee meeting held on 10. 09. 2013). Write-ups on these members have been prepared by the Secretary and finalized in consultation with other members of the Forum as also by their family members. They will be published in the next issue of the Forum’s Newsletter under “Transitions”.

3. **New Membership List:** Draft Entries of a New Membership list have been sent by the Secretary for up-dating to all the members of the Forum who could be contacted by e-mail, and their hard copies have also been sent to all the other members who could not be contacted by e-mail, along the notice for this meeting. Co-operation is solicited from all the members of the Forum in this regard. This list could either be published in the next issue of the Forum’s Newsletter, or as a part of a document for release at the Forum’s Foundation Day Celebrations in early next year, as may be decided by the Management Committee at its next meeting.

4. **New Additions to the 80-Plus Fraternity of the Forum:** Shri V P Wasan (d.b. 05. 10. 1933) and Dr. J K N Sharma (d.b. 09. 10. 1933) who have attained the age of 80 are to be felicitated at this meeting of the Forum. The Citations as approved by them were drafted by Shri G K Arora. The printing of the Citations & also of the 80-Plus Certificates has been done by Shri V P Wasan. Dr. V S Panwar has arranged for the Mementoes to be presented to them.

5. **Area Committees:** The following is the composition of the new Area Committees that have been constituted at the Management Committee meeting held on 10th September 2013. All the members on these committees have been sent this information by the Secretary either by e-mail or by courier.
As provided under the Rules & Regulations of the Forum, Dr. V N Bindal will be an invitee for all the meetings of the Management Committee in his capacity as the Former President of the Forum. In addition all the Chairmen and the Co-Chairmen of the various Committees will be invited to the meetings of the Management Committee (in case they are not already assigned these roles), as has been the practice in the past. Additionally, Shri R C Dhawan will also be invited to these meetings as decided by the Management Committee. Keeping in view effective functioning of the Superstitions & Myths Committee, it is proposed that Dr. M K D Rao may also be an invitee for the meetings of the Management Committee.

6. Cashless Facility for Medical Treatment: The list of hospitals identified for sending to Director, NPL to explore the possibility of their entering into Memoranda of Understanding with CSIR-NPL for providing cashless facilities to staff members and pensioners from NPL had been sent to Prof. R C Budhani vide letter dated 8th June 2013 from the Secretary. It was subsequently learnt that Shri V K Kaushik, COA-2, NPL had been passed on this letter for necessary action. As no action in this regard appeared to have been taken, an e-mail reminder was sent to Dr. V N Bindal, on 30th July 2013 requesting him to get action expedited on the letter of 8th June. Since there was no response, attention of Shri V K Kaushik was drawn again to this letter by the Secretary vide his e-mail dated 01. 09. 2013 (with copy endorsed to Director, NPL) to ascertain the status of action taken in this regard.

As provided, the list of hospitals has already been received. In addition, Shri R C Dhawan will also be invited to these meetings as decided by the Management Committee. Keeping in view effective functioning of the Superstitions & Myths Committee, it is proposed that Dr. M K D Rao may also be an invitee for the meetings of the Management Committee.

7. Treatment Under Medical Emergency: After the Annual General Body Meeting of the Forum held on 9th July 2013, at which the elections for the New Management Committee were held, the Secretary met Shri V K Kaushik, COA-2, NPL in the afternoon and discussed with him the issue relating to guidelines that may be followed in case of treatment under medical emergency. As decided at that meeting, a letter was sent to him by the Secretary on 20th July 2013, with the relevant information that could be drawn from the various OMs, and the draft guidelines which had been prepared by Dr. V N Bindal, to facilitate a response from NPL thereon. As no response had been received, an e-mail reminder was also sent to him in this regard on 1st September 2013. Convener, Welfare Committee has been requested to ensure necessary follow-up action.

8. Tree Plantation: The suggestions that had been made by the Management Committee regarding the maintenance of trees planted on 15. 08. 2010 and 25. 09. 2012, (and subsequently also endorsed at the Annual General Body Meeting held on 9th July 2013), were placed before the
Scholarships Committee at its meeting held on 29th July 2013. Prof. Budhani said that the survival of trees has been a problem due to shortage and old age of the horticulture staff.

It was decided to plan for the next tree plantation (under the Joint Programme of NPL and the Forum) for 15th August 2014 as per the decision of having it in every alternate year.

9. Articles on Popularization of Science: Articles from Dr. Amitabha Basu, Dr. H N Dutta, Mrs. Shashikala Shastri and Dr. V R Singh, who had offered to write popular science articles, are awaited. Other members of the Forum are also requested to write popular science articles on the following topics to start with, which had been identified by the Scientific Affairs Committee:

| 7. Satellite Communication | 8. Superstitions & Myths |

In this context, a decision was taken by the Scholarships Committee at its meeting held on 29. 07. 2013 chaired by Prof. R C Budhani, that an Annual Award may be instituted by the Forum for the Best Popular Science article published in Vigyan Pragati. At the subsequent meeting of the Scholarships Committee held on 20. 09. 2013, it was decided that Dr. V.N. Bindal may look into formation of infrastructure for this job. In this context, Members are also requested to contribute popular Science Articles in Hindi for publication in Vigyan Pragati

10. Dialogue with National Science Museum: Dr. Kailash Chandra will be discussing the various issues that Prof. R C Budhani, Director, NPL had desired to be discussed, while welcoming the proposal in principle, after his planned return from USA on 9th January 2014 as indicated by him vide his mail dated 7th August 2013 to Prof. Budhani.

11. Draft Document on Superstitions & Myths: The English Version of the Draft Document which had been prepared was placed before the Members of the Management Committee. It was decided that the Superstitions & Myths Committee may decide about the future course of action in this regard.

12. Photographic Album of the Forum: The Management Committee, at its meeting held on 10. 09. 2013, approved the association of Shri R C Dhawan and Shri Subhash Chandra with this task, with the details to be decided by the Publications Committee.

13. Opening of Website of the Forum: The Management Committee, at its meeting held on 10. 09. 2013, approved the opening of its Own Website, and association of Shri R B Saxena and Dr. Ashok Kumar with this task, with the details being decided by the Publications Committee.

14. Geographical Area Coordinators: As Shri S S Verma, who had offered to coordinate the activities was presently abroad, he shall be attending to the following tasks after his return as decided by the Management Committee, at its meeting held on 10. 09. 2013.

(i) Distribution of copies of the Forum’s Newsletter and other Publications of the Forum
(ii) Mobilizing participation in meetings of the Forum
(iii) Reaching out to other prospective members of the Forum for enrolling them as members
(iv) Periodical socializing among members in the area, and enquiring about their welfare.

This will be done under the umbrella of the Welfare Committee.

15. Renewal of CGHS Cards: The validity of CGHS Cards of a number of Members of the Forum will be expiring on 31. 12. 2013. Those members who have already made their full CGHS Contribution for 10 years will be getting their money drafts from NPL for renewal of their CGHS Cards before this date for submission to the CGHS Dispensaries (Wellness Centre) where their cards are registered. The other members who are getting their cards renewed on year-to-year basis will need to apply for their renewal. To help the members, the information in this regard is being given in the Membership list, a copy of which, if ready, is proposed to be provided to E-1 Section, NPL.

16. Revised Pension of Pre-2006 Retirees: Information about the PPO Numbers is also being provided in the Membership List, indicating also about the members drawing their pension through the SBI. It appears that payment of revised pension as per the O M No. 38/37/08-P&PW (A) dated 28. 01. 2013 is already being made by the Syndicate Bank, NPL in respect of those pensioners/ family pensioners who are drawing their pension/ family pension from that bank. Revised PPOs are learnt to have been sent by NPL to the CSIR for onward transmission to SBI with copies to those pensioners/ family pensioners who are drawing their pension/ family pension through SBI, but implementation of these revised has not been started by all the branches of SBI. Members are requested to take up this issue with their Branch Manager so that they could get the matter expedited by the SBI Coordinating Branch at Chandni Chowk, Delhi.