Minutes of the Twenty-Fifth Meeting of the Management Committee of the NPL Former Scientists Forum, held on Wednesdayy, August 12, 2009 at 11.00 A.M. in the Director's Conference Room, NPL

Attendance: The following attended the meeting in response to the Notice for the Meeting dated 01. 08. 2009(<u>Annexure 'A'</u>), copies of which were also tabled at the meeting as per the decision taken at the last meeting of the Management Committee held on 30. 04. 2009:

1.	Dr. V N Bindal	President
2.	Dr. A P Jain	Vice President
3.	Dr V S Panwar	Joint Secretary
4.	Shri V P Wasan	Treasurer
5.	Shri K N Bhatmagar	Member
6.	Dr. Kailash Chandra	Member
7.	Shri R C Dhawan	Member
8.	Dr. P C Jain	Member
9	Dr. (Mrs) Namita Kundu	Member
10.	Mrs. Santosh Manrai	Member
11	Dr. S K Sharma	Member
12.	Dr. Shiv Nath Singh	Member
13	Dr. Ved Ram Singh	Member
14.	Dr. S P Varma	Member
14.	Shri G K Arora	Secretary

In addition, Shri M I Alam, Member of the Programme Committee which had met earlier at 9.30.A.M. was also invited to attend the meeting. Shri P K Mittal and Mrs. Shashikala Shastri were unable to atted the meeting as they were abroad. Dr. R Bhattacharyya had expressed his inability to attend the meeting.

- **1.Welcome and Introductory Remarks by the President:** Dr. Bindal welcomed the members to the Meeting. He said that to facilitate consideration of Item No. 8 of the Agenda on "Self Assessment Survey on Superstitions" for today's meeting of the Management Committee, a meeting of the Sub-committee on Superstition of the Scientific Affairs Committee had also been held today at 10.00 A.M. in the Visitors Room, NPL, for which he too had been invited. A Questionnaire of 50 commonly prevalent superstitions and myths had been prepared for consideration and approval by the Management Committee so that the same could be used to elicit the response of the Members of the Forum in the first instance, at its next meting. This exercise had been done in pursuance of one of the stated objects of the Forum "for creation of awareness against the social drawbacks like superstition etc."
- 2. Confirmation of the Minutes of Twenty-Fourth Meeting of the Management Committee held on April 30, 2009: The members noted that since no comments had been received on the Minutes of the Meeting as detailed by the Secretary in his Status Report (<u>Annexure 'B'</u>) circulated to the members at the time of the meeting, these were confirmed.
- **3. Follow-up Action on the various decisions taken at the above meeting;** The follow-up action on the decisions taken at the above meeting as reported by the Secretary in his Status Rreport was noted. In particular, the composition of the following committees as reported by the Secretary in his report was approved:

Composition	Publication	Welfare Committee	Programme	Scientific Affairs	Sub-Committee of
	Committee (Pub-C)	(Wel-C)	Committee (Prog-C)	Committee (SAC)	SAC on
					Superstition (SAC-
					Super)
Chairman	Dr. R Bhattacharyya	Dr. B N Srivastava	Dr. Surjeet K Sharma	Dr. K Chandra	Dr. K Chandra
Co-Chairman	Dr. Shiv Nath Singh	Dr. S P Varma	Dr. Ved Ram Singh	Dr. S V Gupta	Dr. A P Jain
Convener	Shri G K Arora	Dr. V S Panwar	Shri Promod K Mittal	Shri G K Arora	Shri G K Arora
Member	Dr. P C Jain	Dr. A P Jain	Mrs. Shasikala Shastri	Prof. S S Mathur	Dr. R Bhattacharyya
Member	Dr. V S Panwar	Shri P K Mittal	Dr. Ashok Kmnar Gupta	Dr. R Bhattacharyya	Dr. P C Jain
Member	Shri V P Wasan	Shri G L Malhotra	Shri Mohd. Izhar Alam	Dr. P C Jain	Shri R C Dhawan
Member	Dr. (Mrs.) N Kundu	Mrs. Santosh Manrai	Shri Sudarshan Kumar	Dr. (Mrs.) N Kundu	Shri S G Tewari
Member	Dr. S C Garg	Shri V P Wasan		Dr. A P Jain	
Member	Dr. S K Gupta			Dr. Ran Gopal Sharma	
Member	Shri K N Bhatnagar			Dr. Sohan Lal Jain	

In addition, the composition of the Medical Affairs Committee and the Scholarship Committee was also approved as under:

Composition	Medical Facilities Committee	Scholarship Committee
	(Med-C)	(Sch-C)
Chairman	Dr. A P Jain	Director, NPL or his Nominee
Co-Chairman	Shri Akhilesh Chandra Gupta	Dr. V N Bindal, President, NPL-FSF (Ex-Officio)
Convener	Dr. V S Panwar	Shri V P Wasan , Treasurer, NPL-FSF (Ex-Officio)
Member	Dr. O P Bahl	Shri Balraj Singh S O, NPL, Representing COA, NPL
Member	Shri F C Khullar	Shri Dev Kumar (Or his Nominee)
Member	Mrs. Urmil Dhawan	Prof. S C Jain or his Nominee
Member	Dr. Prasun Kumar Banerjee	Shri G K Arora, Secretary, NPL-FSF (Ex-Officio)
Member	Shri R C Dhawan	

As for the utilization of the Forum's Room since no mention had been made about it in the Minutes of the Joint Meeting of the Welfare Committee and the Medical Affairs Committee which had been placed before the Members by the Secretary along with his Status Report, it was decided to refer the following issue again to the Welfare Committee for consideration and to give its suggestions for making the Room functional:

"This Committee shall also examine the issue of raising financial contributions by Members of the Forum in multiples of Rs, 100/- as suggested by Dr. Kailash Chandra".

- 4. Status Report by the Secretary: The Secretary presented the report which had been tabled at the meeting.
- 5. Status Report by the Treasurer: The Treasurer presented the following Status Report as on 04. 08. 2009:

Dr. V.N. Bindal has donated Rs. 20,501/- for Sponsoring Sh. J.P Bindal Memorial Award in the name of his Father, out of which Rs 20,000/- have been placed presently in Fixed Deposit with the Syndicate Bank, NPL, in the name of NPL-FSF.

The Total amount of FDs for Scholarships/Awards	Rs.2,76,027/
Cash in Donors Accounts	Rs. 60,662/-

NPL-FSF Funds

 Cash in hand
 Rs. 4,750.10

 Cash in Bank
 Rs.38,028.16

 FDs
 Rs.58,750.52

- **6. Approval to the Induction of New Members to the Forum:** The Committee approved the induction of all the eleven new members to the Forum as placed before it in the Status Report by the Secretary.
- **7. Consideration of Application dated 30th April 2009 from Dr. H R Bhojwani for Membership of the Forum:** It was felt that since the conditions for Membership of the Forum as enshrined in the Rules & Regulations under which the Forum had been registered as a Society are binding on the Forum, he would be welcome as a Visitor to the various meetings of the Forum, for which he may be invited as and when these meetings are held. This, however, will not entitle him to the privileges as a Member of the Forum at present.

The Secretary was advised to intimate him about this decision.

- **8. Self Assessment Survey on Superstitions**: The Committee approved the Questionnaire on "Self Assessment Survey on Superstitions and Myths" (*Annexure 'C'*), which had been mentioned by Dr. V N Bimdal in his introductory remarks.
- **9 Report on the Joint Meeting of the Welfare Committee and the Medical Affairs Committee held on 29th July 2009:** The Management Committee noted the following Decisions Taken/ Recommendations made at that meeting, the Minutes of which had accompanied the Status report by the Secretary.

Welfare Committee:

- 1. Sixth Central Pay Commission: Some members have not so far received the arrears of their pension, or else their pension has not been fixed as per the recommendations made by the Sixth Central Pay Commission. It was suggested that the President, NPL-FSF may write letters to the C.O. State Bank of India, Mumbai, and to Director General, CSIR for speedy action on all such cases, as the members were also losing money by way of interest on what is legitimately due to them
- 2. Professional Allowance: It was felt that we should first get a copy of the relevant order before considering this issue.

Medical Affairs Committee:

- 1. Automatic Renewal of CGHS Cards in respect of Persons who have already made 10 years Contribution: Dr. A P Jain to take up the issue with COA, NPL.
- 2. Permission from NPL for Medical Tests etc.: It was suggested that for tests costing up to Rs. 5,000/- the permission should be post-facto
- 3. Emergency: Such cases can be defined only by the Doctor under whom one is getting treated.
- **4.** *Medical Re-imbursement*: These are to be as per the rates approved by the CGHS

In respect of the suggestion of the Medical Affairs Committee regarding obtaining post-facto sanction for tests costing up to Rs. 5,000/- (Sr. No. 2 above) the Management Committee felt that this may not be permissible as per the prevailing rules. However, since the permission for tests prescribed by a specialist is invariably accorded, we may explore the possibility of getting the tests done after applying for the same, without waiting for the formal permission.

As regards, Emergency, a number of cases where the patient could be treated as an Emergency case had been spelt out in the Ministry of Health & Family Welfare OM No. 4-18/2005-C&P[Vol. I – Pt. (1)] dated 20th February 2009 on the subject of "*Relaxation of Procedures to be followed in considering requests for medical reimbursement*", according to which there was now no need now to get the Essentiality Certificate from the treating doctor and also no signing by him on the medical bills. The Medical Reimbursement claim form had also been modified accordingly. This had been brought to the notice of the Management Committee by the Secretary at the meeting held on 27. 02. 2009. The contents of this OM will be published in the next issue of the Forum's Newsletter.

10 Report on the Status of the Other Area Committees: Dr. S K Sharma, Chairman, presented the report on the meeting of the **Programme Committee** that had been held at 9.30 A.M.and said that to start with the following three programmes were proposed to be organized:

1. Family Get Together;

2. Picnic

3. Invited Lectures

He also mentioned about the invitation to the Forum that had been received by the Secretary from CSIR Pensioners Welfare Association, Kolkata, (Registred under W.B. Societies Act 1961 in 1999-2000), for participation in a one-day Meet on the "Magic of Music" at CGCRI, Kolkata on 12th September 2009, and also in their Association's Eleventh Annual General Body Meeting to be held on the same day. The Committee felt that our Forum should use this as an opportunity for starting interaction with that Association and endorsed the suggestion of Shri Arora that if some Member of our Forum was planning to be in Kolkata on 12th September 2009, he may be requested to represent our Forum at that meet. Shri Arora was requested to explore this possibility. The Management Committee endorsed the suggestions made by the Programme Committee.

As regards *the Scholarship Committee*, Shri V P Wasan, Convener, informed that the J P Bindal Memorial Award which had been instituted by Dr. V N Bindal in the memory of his Father was for a child securing the highest marks in Science in Class X of CBSE/CISC examination. This had also been notified to the staff members of the NPL as also the Members of the Forum along with the other Scholarships and Awards for which their children/grand children are entitled, for the year 2009, inviting applications by 18th August 2009.

Dr. Bindal, Co-Chairman, also mentioned that at the last meeting of the Scholarship Committee held on 27. 05. 2009, Dr. Vikram Kumar, who had himself chaired that meeting, had suggested considering award of scholarships for children studying in any class in respect of the Staff Members of NPL who had expired at young age.

In regard to the <u>Scientific Affairs Committee</u> Dr. Kailash Chandra, Chairman informed that the Revised Chart on S I Units of Measurement had been finalized and Director, NPL had approved the publication of 5000 copies of it. The publisher of the Chart had also been identified.. As for the <u>Sub-Committee on Superstition</u>, the Questionnaire for Self Assessment Survey of Superstitions & Myths had already been covered under Item 8.

In regard to the *Publication Committee* Shri G K Arora, Convener informed that for the next issue of the Newsletter, it had been possible to have committed support of Rs 15,000/- from NPL and Rs. 10,000/- from CSIR by way of full-page advertisements. In addition, a cheque for Rs. 1,500/- had also been received for a half-page advertisement from M/s S V Engineering Centre, Faridabad. Director, Advanced Materials and Processes Research Institute, Bhopal where Dr. Anil Kumar Gupta had now joined as Director, had also been approached for Rs 10,000/- for a full page advertisement.

As for the contents of the Newsletter he informed that an invited article from Dr. Krishan Lal paying Tribute to Dr. A R Verma, and another invited article from Dr. S R Das had been received. The invited article from Dr. S C Jain was however awaited. He added that a write-up on Dr. Vikram Kumar & NPL-FSF had also been prepared. Inputs for the next issue – Special Issue "ON BEING EIGHTY" had also been received from Dr. V N Bindal, Dr. P C Jain and Dr. R P Wadhwa through e-mails. He also mentioned about the coloured photographs which were proposed to be published in this special issue of the Newsletter.

Dr. Bindal suggested that Dr. Shiv Nath Singh should take up responsibility in regard to the Compilation and Editing of the Newsletter so that the continued publication of the Newsletter does not depend on Shri Arora alone as it has been so far.

11. Resolution for Opening of New Accounts: The Committee passed the following Resolution:

Resolved that separate accounts of donors should be maintained, so that the principal amount and interest earned thereon are accounted for separately. This will ensure transparency and safe custody of donor's money.

For this purpose the following separate savings bank accounts should be opened

1. NPL-FSF A/c V N Bindal

Q,

2. Similar accounts should be opened for any other donors in future. The name of the A/c shall have donors name preceded by NPL-FSF A/c.

The accounts may be opened in Syndicate Bank NPL, Pusa. An appropriate amount from these accounts may be invested in term deposits for suitable period at the prevailing rate of interest with instructions to deposit quarterly interest in the respective SF a/c regularly.

The accounts shall be operated by any two of the following signatories.

President, NPL-FSF Secretary, NPL-FSF Treasurer, NPL-FSF

12. Venue, Date, Time & Agenda for the next meeting of the Forum: The Committee decided that the this may be done by the President in consultation with the Secretary. The items on the Agenda may include the Self Assessment Survey of Superstitions & Myths and release of the special issue of the Forum's Newsletter "On Being Eighty"

The meeting ended with a vote of thanks to the Chair.



(NPL-FSF)

103, Force Standards Annex, National Physical Laboratory,
Dr. K.S. Krishnan Marg. New Delhi – 110 012

[Registrar of Societies, Govt. of National Capital Territory of Delhi - Registration No. S/ 60178/ 2007]

G K Arora, M.Sc.; M.A.; ADRTC Secretary, NPL-FSF

180, Mandakini Enclave, Alaknanda Complex, New Delhi – 110 019

August 1, 2009

Subject: Twenty-Fifth Meeting of the Management Committee of the NPL Former Scientists Forum on Wednesday, the 12th August, 2009 in the Director's Conference Room, Main Building, NPL

Dear

It has been decided to hold the **Twenty-Fifth Meeting** of the Management Committee of the NPL Former Scientists Forum on Wednesday, <u>12th August 2009 at 11. 00 A.M</u> in the Director's Conference Room, Main Building, NPL

Agenda

- 1. Welcome and Introductory Remarks by the President
- 2. Confirmation of the Minutes of the Twenty-Fourth Meeting of the Management Committee held on April 30, 2009
- 3. Follow-up Action on the various decisions taken at the above meeting.
- 4. Status Report by the Secretary
- 5. Status Report by the Treasurer
- 6. Approval to the Induction of New Members to the Forum
- 7. Consideration of Application dated 30th April 2009 from Dr. H R Bhojwani for Membership of the Forum
- 8. Self Assessment Survey on Superstition
- 9. Report on the joint meeting of the Welfare Committee and the Medical Affairs Committee held on 29th July 2009
- 10. Report on the Status of the other Area Committees
- 11. Resolution for opening of Accounts in respect of New Scholarships/ Awards
- 12. Venue, Date, Time & Agenda for the next meeting of the Forum
- 13. Any other Item with the permission of the Chair.

This meeting will be preceded by a meeting of the re-constituted **Programme Committee at 9.30 A.M**. at the same venue under the **Chairmanship of Dr. S K Sharma**, who will also report on the deliberations of that meeting.

Kindly schedule your other programmes accordingly and make it convenient to participate in the meeting.

An acknowledgement of the receipt of this letter by e-mail/ Telephone will also be highly appreciated.

With Best Regards,

Yours Sincerely,

G K Arora

Twenty-Fifth Meeting of the Management Committee on Wednesday, the 12th August, 2009, at 11. 00 A.M. in Director's Conference Room, NPL

STATUS REPORT BY THE SECRETARY

(Ref: Agenda Item 4)

1. Twenty Fourth Meting of The Management Committee (<u>Ref: Agenda Item 2</u>): The Minutes of the Twenty-Fourth Meeting of the Management Committee held on 30th April 2009, (as approved by the Chairman), had been circulated by the Secretary vide his letter dated May 26, 2009, inviting comments by June 10, 2009. Copies of this letter and the Minutes of that Meeting will also be tabled at the time of the meeting.

As no comments from any members had been received, the minutes of this meeting may be confirmed.

- 2. Follow-up Action on the Decisions taken at the above Meeting (Ref: Agenda Item 3):
- 2.1. **Re-constitution of the Various Area Committees**: Barring the Medical Affairs Committee whose composition has yet to be finalized, as Dr. O P Bahl had regretted his inability to shoulder the responsibility as Chairman of this Committee, and of the Scholarship Committee, as Dr. Vikram Kumar, Director, NPL and Chairman of this Committee retired on 31st July, 2009, the Composition of the other Area Committees has been finalized as under:

Composition	Publication	Welfare Committee	Programme	Scientific Affairs	Sub-Committee of SAC
	Committee	(Wel-C)	Committee	Committee	on Superstition
	(Pub-C)		(Prog-C)	(SAC)	(SAC-Super)
Chairman	Dr. R Bhattacharyya	Dr. B N Srivastava	Dr. Surjeet K Sharma	Dr. K Chandra	Dr. K Chandra
Co-Chairman	Dr. Shiv Nath Singh	Dr. S P Varma	Dr. Ved Ram Singh	Dr. S V Gupta	Dr. A P Jain
Convener	Shri G K Arora	Dr. V S Panwar	Shri Promod K Mittal	Shri G K Arora	Shri G K Arora
Member	Dr. P C Jain	Dr. A P Jain	Mrs. Shasikala Shastri	Prof. S S Mathur	Dr. R Bhattacharyya
Member	Dr. V S Panwar	Shri P K Mittal	Dr. Ashok Kmnar Gupta	Dr. R Bhattacharyya	Dr. P C Jain
Member	Shri V P Wasan	Shri G L Malhotra	Shri Mohd. Izhar Alam	Dr. P C Jain	Shri R C Dhawan
Member	Dr. (Mrs.) N Kundu	Mrs. Santosh Manrai	Shri Sudarshan Kumar	Dr. (Mrs.) N Kundu	Shri S G Tewari
Member	Dr. S C Garg	Shri V P Wasan		Dr. A P Jain	
Member	Dr. S K Gupta			Dr. Ran Gopal Sharma	
Member	Shri K N Bhatnagar			Dr. Sohan Lal Jain	

It may be noted that except Dr. V N Bindal, the Co-Chairman of the Scholarship Committee to be re-constituted, all other members of the Management Committee have taken responsibility in one or more of the Reconstituted Committees

- 2.2. **Self Assessment Survey on Superstition**(*Ref: Agenda Item 8*):: At the initiative taken by Dr. V N Bindal, a Questionnaire on Self Assessment Survey on Superstition has been prepared with very active participation from Dr. Kailash Chandra, Dr. A P Jain, Dr. P C Jain, Dr. R Bhattacharyya,Shri S G Tewari and Shri G K Arora. The same shall be placed before the Committee for its approval.
- 2.3. Audited Statement of Accounts for the Year 2008-2009: This will be published in the next Issue of the Forum's Newsletter A Special Issue "On Being Eighty"
- 2.4 Utilization of the Forum's Room: The following decision of the Management Committee was brought to the notice of Dr. V S Panwar, Convener of the Welfare Committee:

"This Committee shall also examine the issue of raising financial contributions by Members of the Forum in multiples of Rs, 100/- as suggested by Dr. Kailash Chandra and also mentioned by the Secretary in his Status Report".

The Welfare Committee may report on the action taken in this regard.

3. Induction of New Members (*Ref: Agenda Item 6*): Filled up Membership Forms have been received from the following persons, whose induction as New Members of the Forum is proposed:

Sr.	Name & Date of Birth	Amount Received	Last Post Held	Remarks
No.				
1.	Naib Singh [20. 01. 48]	Rs. 700/- (Cheque)	Scientist 'E II'	Retired from NPL on 31. 01. 2008
2.	Jai Bhagwan [08. 04. 49]	Rs. 700/- (Cheque)	Tech Offcr (E-1)	Retired from NPL on 30. 04. 2009
3.	Das, Bijoy Kishore (Dr.) [01. 05. 45]	Rs. 700/- (Cheque)	Scientist 'G'	Technical Resignation w.e.f. 02. 01. 2000
4.	Banerjee, Prasun Kumar (Dr.) [31. 12. 48]	Rs. 700/- (Cheque)	Scientist 'F'	Retired from NPL on 31. 12. 2008
5.	Jain, Sukhmal Chand (Dr.) [18. 02. 49]	Rs. 700/- (Cheque)	Scientist 'G'	Retired from NPL on 28. 02. 2009)
6.	Tripathi, Tara Chand (Dr.) [26. 05. 49]	Rs. 700/- (Cheque)	Scientist 'C'	Resigned from NPL w.e.f. 03. 04. 1986
7.	Singh, Dharam Pal (Dr.)	Rs. 700/- (Cheque)	Tech Offcr (E-1)	Retired from NPL on 30. 06. 2009
8.	Virdy, Parvinder Pal Singh [02. 05. 49]	Rs. 700/- (Cheque)	Tech Offcr (A) Gr.II	Retired from NPL on 31. 05. 2009
9.	Sharma, Ved Parkash	Rs. 700/- (Cheque)	Tech Offcr (A) Gr.II	Retired from NPL on 30. 04. 2009
10.	Kishan Lal [07. 05. 49]	Rs. 700/- (Cheque)	Tech Offcr (A) Gr.II	Retired from NPL on 31. 05. 2009
11.	Saxena, Rajan Babu	Rs. 700/- (Cash)	Scientist 'G'	Retired from NPL on 31. 06. 2009

- **4.** Consideration of Application dated 30th April 2009 from Dr. H R Bhojwani for Membership of the Forum (Ref: Agenda Item 7): Dr. Bhojwani had superannuated from CSIR H. Qrs. in 2002, where-after he served as Adviser to Minister of Science & Technology and Vice President, CSIR, which Office he laid down in mid-May 2009. In his application seeking Membership of the NPL Former Scientists Forum he has stated that "it may be worthwhile to extend the membership to Scientists of CSIR H. Qrs. who do not have any organized forum or activity of this type". The matter is placed before the Committee for consideration
- 5. Self Assessment Survey on Superstition (Ref: Agenda Item 8):: Please see Para 2.2 above.
- **6. Report on the Status of the other Area Committees**(*Ref: Agenda Item 10*)::: The Report of the **Programme Committee** scheduled to meet at 9.30. A.M. as notified in the Notice for the meeting will be presented by Dr. S K Sharma.

The minutes of the joint meeting of the **Welfare Committee** and the **Medical Affairs Committee** which met on 29th July 2009, based on the hand-written manuscripts relating to that meeting received by the Secretary from Dr. V S Panwar, Convener of the two committees are attached herewith in respect of **Agenda Item No. 9**. These have also been mailed to Dr. A P Jain, Shri A C Gupta, Dr. S P Verma, Shri V P Wasan and Mrs. Urmil Dhawan who had participated in that meeting.

Dr. V N Bindal will present the Report on the Scholarship Committee.

Dr. Kailash Chandra will report on the **Scientific Affairs Committee** in addition to the Sel;f Assessment Survey on Superstition which appears as Agenda Item 8 referred to at Para 5 above.

Dr. R Bhattacharyya will report on the progress made by the **Publication Committee**

7. Resolution for opening of accounts in respect of New Scholarships/ Awards (*Ref: Agenda Item 11*):: Dr. V N Bindal has instituted another award in the memory of his Father Shri J P Bindal for a child scoring the highest marks in Class X CBSE/CISC Examination, and who pursues further studies in the science stream from the year 2009.

To facilitate the operation of this Award, the following resolution is proposed to be passed by the Management Committee.

RESOLUTION

Resolved that separate accounts of donors should be maintained, so that the principal amount and interest earned thereon are accounted for separately. This will ensure transparency and safe custody of donor's money.

For this purpose the following separate savings bank accounts should be opened

- 3. NPL-FSF A/c V N Bindal
- 4. Similar accounts should be opened for any other donors in future. The name of the A/c shall have donors name preceded by NPL-FSF A/c.

The accounts may be opened in Syndicate Bank NPL, Pusa. An appropriate amount from these accounts may be invested in term deposits for suitable period at the prevailing rate of interest with instructions to deposit quarterly interest in the respective SF a/c regularly.

The accounts shall be operated by any two of the following signatories.

President, NPL-FSF Secretary, NPL-FSF Treasurer, NPL-FSF

8. Venue, Date, Time & Agenda for the next meeting of the Forum (*Ref: Agenda Item 12*): In accordance with the decision taken at the meeting of the Management Committee, for drawing up a Calendar of Meetings for 2009, and the suggestion made by the Secretary in his Status Report presented before the Forum at its Sixth Annual General Body Meting held on 16th April 2009, the next meeting of the Forum is proposed to be held on 26, 27th or 28th August, subject to the availability of a suitable venue for holding this meeting. It is also proposed to have the Sixth Issue of the Forum's Newsletter – Special Issue on "ON BEING EIGHTY" ready in time for release at this meeting of the Forum.

Minutes of the Joint Meeting of the Welfare Committee and the Medical Affairs Committee held on 29th July 2009, at 10.15 A.M. in the Director's Conference Room, NPL

AGENDA

Welfare Committee:

- 1. Discussion on implementation of the Sixth Central Pay Commission Recommendation Delay in Payment of Pension Arrears etc.
- 2. Professional Allowance
- 3. Any Other Item with the Permission of the Chair

Medical Affairs Committee:

- 1. Automatic Renewal of CGHS Cards in respect of Persons who have already made 10 years Contribution.
- 2. Delay in getting permission from NPL for Medical Tests etc.
- 3. Steps to be taken in case of Medical Emergency
- 4. Deductions made by NPL in the Medical Reimbursement Claims.
- 5. Any Other Item with the Permission of the Chair

Attendance: Dr. O P Bahl whose name had been offered to be the Chairman of the Medical Affairs Committee at the Management Committee Meeting held on 30. 04. 2009, had regretted his inability to shoulder this responsibility and had also regretted his inability to attend the meeting. The Medical Affairs were discussed under the Chairmanship of Dr. A P Jain and the Welfare Issues were discussed under the Chairmanship of Dr. B N Srivastava. Mrs. Santosh Manrai, Member of the Welfare Committee had also regretted her inability to attend the meeting. Shri P K Mittal, another member of this Committee was abroad and was unable to attend the meeting. The Members of the Medical Affairs Committee who could not attend the meeting were (1) Shri F C Khullar and (2) Dr. P K Banerjee.

The participants at the meting were:

1. Dr. A P Jain Co-Chairman, Medical Affairs Committee and Member of the Welfare Committee

2. Shri A C Gupta
 3. Mrs. Urmil Dhawan
 4. Dr. B N Srivastava
 5. Dr. S P Varma
 6. Shri G L Malhotra
 7. Shri V P Wasan
 Member, Medical Affairs Committee
 Chairman, Welfare Committee
 Member, Welfare Committee
 Member, Welfare Committee
 Member, Welfare Committee

8. Dr. V S Panwar Convener of the Medical Affairs Committee and of the Welfare Committee

Decisions Taken/ Recommendations Made

Medical Affairs Committee:

- 1. Automatic Renewal of CGHS Cards in respect of Persons who have already made 10 years Contribution: Dr. A P Jain to take up the issue with COA, NPL.
- **2. Permission from NPL for Medical Tests etc.:** It was suggested that for tests costing up to Rs. 5,000/- the permission should be post-facto
- **3. Emergency:** Such cases can be defined only by the Doctor under whom one is getting treated.
- 4. Medical Re-imbursement: These are to be as per the rates approved by the CGHS

Welfare Committee:

- 1. Sixth Central Pay Commission: Some members have not so far received the arrears of their pension, or else their pension has not been fixed as per the recommendations made by the Sixth Central Pay Commission. It was suggested that the President, NPL-FSF may write letters to the C.O. State Bank of India, Mumbai, and to Director General, CSIR for speedy action on all such cases. As the members were also losing money by way of interest on what is legitimately due to them
- 2. Professional Allowance: It was felt that we should first get a copy of the relevant order before considering this issue.

Self Assessment Survey on Superstitions & Myths

[12. 08. 2009]

In fact, most probably we all are superstitious to an extent, in real life. This survey form is to create an awareness and to have a *Self Realization* towards the extent to which we follow many baseless beliefs out of ignorance or fear of unknown.

(Incase you believe in following statements, Please write 'Y', if not please write 'N')

NOTE: Column (3) left blank will be interpreted as 'Y'

Sr. No.	Statement	Write Y or N
(1)	(2)	(3)
1.	Fasting and praying at the time of solar or lunar eclipse is auspicious.	
2.	Daily / weekly or yearly predictions by astrologers have truth in them.	
3.	Existence of 'ghosts' and calling 'souls' of dead persons is a possibility.	
4.	Curing of diseases and bringing good luck in ones life by 'Tantriks' and 'Ojhas' is achievable.	
5.	Prediction of future happenings by looking at the palm or forehead of individuals is possible.	
6.	'VatsuShastra' is worth following.	
7.	Miracles attributed to sages, saints or so called Godmen are true and not possible.	
8.	Fasting can ward-off bad luck or misfortunes.	
9.	Number '7' is lucky and number '13' is inauspicious. Some numbers are lucky and some are unlucky.	
10.	'Sneezing' before starting a journey – bad omen.	
11.	'Seeing an empty bucket or vessel' before starting a journey or an action – bad omen.	
12.	Touching wood or even saying 'Touch Wood' wards off any the ill effects on any thing you are praising.	
13.	Cawing of a crow in one's house foretells the arrival of guests.	
14.	Owl sitting on a housetop is a sure sign of ruin and destruction.	
15.	'Nazar Lagna' and 'Nazar Utarna' has significance.	
16.	'Totka Karna' can bring bad or good luck to a person.	
17.	'Seeing oil-filled vessel or container' on a Saturday is auspicious.	
18.	If the lamp (<i>Deepak</i>) at <i>Puja</i> blows out, it is a very bad signal.	
19.	If a black cat crosses your path, you will have bad luck	
20.	To break a mirror will bring you bad luck	
21.	Matching of horoscopes of a to-be-married couple ensures happy married life	
22.	Our fate is written in the stars	
23.	An itchy palm means money will come your way	
24.	Iron goods and oil should not be purchased or brought home are on Saturday.	
25.	It is inauspicious to have a clock on the wall which has stopped working.	
26.	When some one is leaving the house for examination/interview, curd is given to him for good luck.	

27.	If the bottom of your feet itch, you will make a trip	
28.	When a dog howls, death is near	
29.	Hanging lemon and green chilies keeps the evil sprits away.	
30.	If a married lady accidentally drops her little box of Vermilion (<i>Sindoor</i>), her husband's life is in grave danger	
31.	House on a <i>Gomukhi</i> plot of land (which has front side smaller than the back side) brings prosperity, and on a <i>Shermukhi</i> plot (which has front side greater than back side) is not auspicious.	
32.	Any physical disability is a consequence of bad deeds (<i>Karma</i>) of previous life.	
33.	Some gems or natural stones are lucky or unlucky for individuals	
34.	Dreams have some significance and morning dreams are a prediction of things to happen in future	
35.	Everything happening in life is pre-destined	
36.	If questioned/ interrupted, while leaving the house, for some work, it is detrimental.	
37.	By putting a black mark (<i>Kajal Ka Tika</i>) on the forehead of an infant, the child is protected from any evil sprit (<i>Buri Nazar</i>)	
38.	Hiccups or sneezing is an indication that some near-one is remembering you.	
39.	Crossing your fingers helps to avoid bad luck and helps a wish come true	
40.	Wearing <i>Rudraksha</i> beads brings good luck and keeps the blood pressure normal.	
41.	Wearing a Lucky Charm (may be a shirt, chain, pendent or shoes etc) for an interview/ examination/ sports etc. helps in getting the desired success or to avert any evil.	
42.	A widow is not welcome to attend an auspicious ceremony as she may bring bad luck.	
43.	Meeting an one-eyed person on your way to an important job, brings harmful result.	
44.	Twitching of right eye brings good luck and of left eye is an indication of bad luck.	
45.	Hanging a shoe on the rear side of a truck or a lorry protects it from an evil eye.	
46.	Any good or bad occurrence in the family, during the first year of marriage, is attributed to the presence of the bride.	
47.	There are houses which are 'Cursed' (<i>Manhoos</i>). Any body living in them will be ruined.	
48.	If three people go for a job they are sure to spoil it. <i>Teen Tigara Kam Bigara</i> .	
49.	Clipping ones mails at night or use of scissors will be angering the evil spirits.	
50	Looking at the palms of their hands as soon as one gets up in the morning, ensures happiness through out the day.	

Suggest some other common superstitions that you know of in the space below, or on a separate sheet

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